



San Diego Reiki Corps, 3231-C Business Park Dr, #213, Vista, CA 92081, SanDiegoReikiCorps.org

April 2016
Volume 21

Welcome to the 2016 San Diego Reiki Corps!

INSIDE THIS ISSUE:

- 1 President's Message
- 2 Conference Update
- 3 Membership News
- 4 Outreach Opportunities
- 5 Look to the Future

A very special HELLO to all our current members!! And a hearty WELCOME to those of you who have just become new members!! We are greatly excited about the events of the coming year and happy to be moving forward and building our "Reiki Community". We will also be continuing with Educational Gatherings, and Outreach Opportunities in the Community, while we finalize details for this year's Conference, "Reiki in the 21st Century".

Early Bird Conference Price Extended to April 3rd - Register:
<http://www.sandiegoreikicorps.org/>



Our board: VP/ Treasurer Sandra Wennhold, Secretary Louise Lucas, Membership Chairman Serena Poisson, Outreach Coordinator Joan Boccio and myself Mary-Joy Neuru have beautifully pulled together as a group, sharing duties and contributing ideas, talents and workloads so that we can increase our visibility within the greater Reiki community and take SDRC to a new level of growth. We envision a larger organization that can continue to be a resource in the community with an expanded website that includes access to research articles on the benefits of Reiki, a yearly Calendar of Events, and connection to a larger family of Reiki Practitioners in the state and throughout the country.

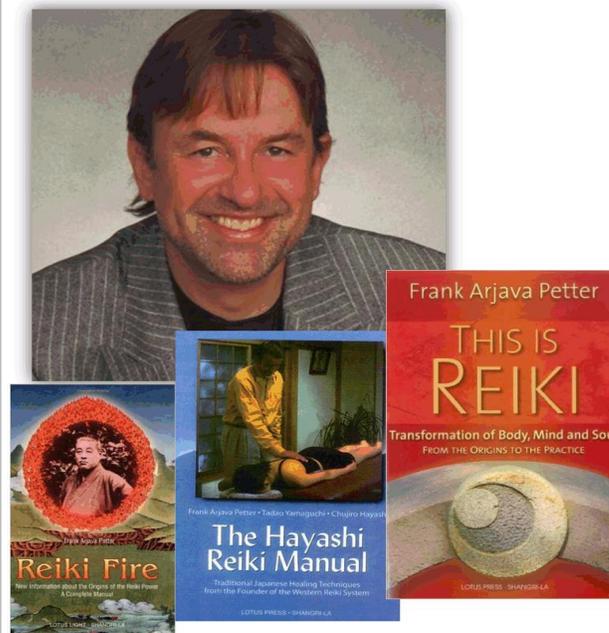
It is our goal to continue to unite in Spirit, but on a larger scale, so we can affect the global energies and bring more balance, peace and love into the world. I am happy we are reaching out and embarking onto this path of expansion together. Welcome to the 21st Century!!

Mary-Joy Neuru
President San Diego Reiki Corps

Conference Update:

Here is the invitation you have been waiting for! Spend the day surrounded in Reiki Healing Energy and jump start your life as a healer! We have the opportunity to spend the morning with world renowned **Reiki Master, Teacher and Author, Arjava Petter**, to hear about the origins of reiki and what he sees in our future. Don't miss his wonderful sense of humor, insight into the reiki world and all of the opportunities he sees ahead!

After his book signing, there will be fun shopping with our vendors (dangerous!) and a catered lunch with our friends. Then we move into an amazing afternoon to recharge with Happiness Coach, **Kari Samuels!** Have you heard her speak or seen her on Facebook? You are in for a treat. She plans to speak to the heart of who we are as empaths and healers and where that fits into this world. We have also worked hard to bring you workshops in the afternoon that meet your every need, whether you are right or left-brained.



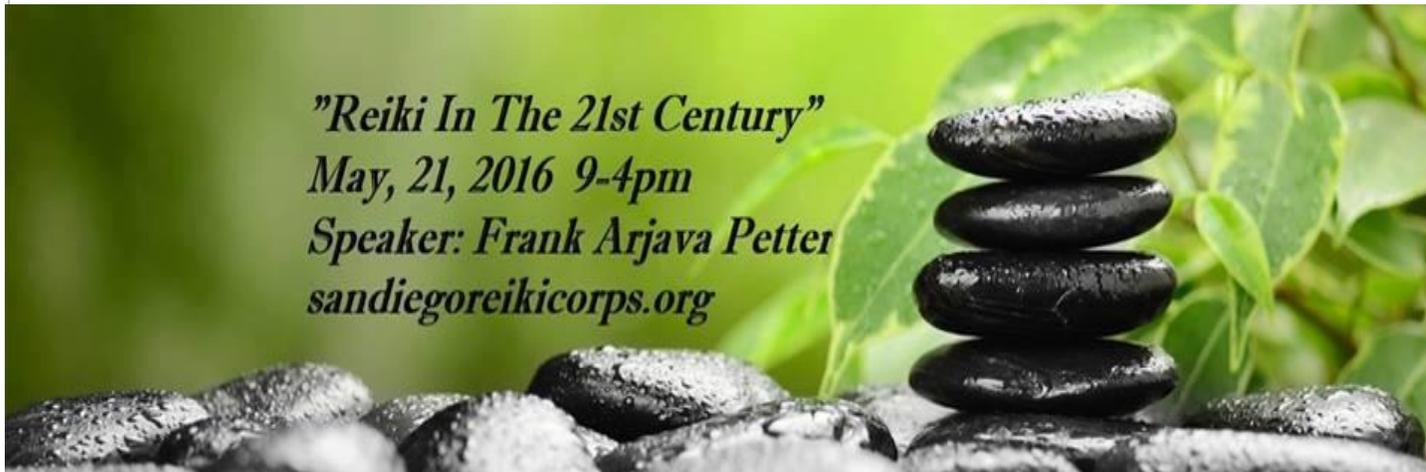
Arjava Petter

We have speakers who are experts in their field on **Animal Reiki, Crystals and Healing, Reiki in the Hospital and Hospice Setting, Reiki and the Law** (have you ever thought about that?), **Visioning your Reiki Future** and experiencing a **Reiki Global Healing Body Prayer**. It's like a Reiki SPA day! Finally all about us...

What will speak to you most? It may be how the day begins with a Sound Healing concert played on exquisite crystal bowls (you might need to buy one that day!) or how we finish with a wonderful, clearing and grounding Reiki Drumming session. Whew! All of this in the presence of the energy that this Reiki community brings to life. We will be talking about this for a long time. **Hope to see you there!!**

Kathy Cueva and Barb Goodwin **Register: <http://www.sandiegoreikicorps.org/>**
Conference Coordinators.

"Reiki In The 21st Century"
May, 21, 2016 9-4pm
Speaker: Frank Arjava Petter
[sandiegoreikicorps.org](http://www.sandiegoreikicorps.org)



Membership News:

MEMBERSHIP CORNER. Oh, the excitement around this year and all of the wonderful possibilities of this the Year of Generosity and Abundance. I believe an organization can have abundance as well as each of us individually and since the first of the year, the San Diego Reiki Corps has had 20 new members. And that is abundance in growth. There are so many more Reiki practitioners in the San Diego area and I want each of them to know about our organization and all the benefits whether one has a thriving business or their only clients are family members, pets and house plants. Certainly one can see the benefits for a business: listing on the website; announcement of classes and activities. But the benefits are also there for the family member, pet and house plant practitioner as well: meeting like-minded folks, learning more about the various forms of Reiki and other energetic/healing modalities plus opportunity to discover more about self and what else is available and nourishing to the soul. I already have such abundance in my life and I have room for more. The San Diego Reiki Corps already has abundance in its members (you) and there is room for more. I ask that you share with friends and neighbors and colleagues about Reiki and the San Diego Reiki Corps. Looking forward to sharing a most special time together on May 21, 2016.

Serena Poisson, Director/Membership

Outreach Opportunities:

Ongoing Sharp Memorial Program

[For more information go to:](http://www.sharp.com/hospitals/memorial/volunteers.cfm)

<http://www.sharp.com/hospitals/memorial/volunteers.cfm>



Elizabeth Hospice Orientation Sessions

Training Dates:
May 24, 25, & 26, 2016



The Elizabeth Hospice
Leading. Human. Kind.

Patient Care Volunteer Training

We are currently seeking caring people who are interested in a rewarding opportunity.

Our volunteers profoundly affect the quality of our patients' lives.

By volunteering with The Elizabeth Hospice you can help us play a remarkable and enriching role in the lives of our patients and families. We currently serve San Diego and South Riverside counties. Volunteering will be in your own community. *Spanish speaking volunteers and Veterans are also needed.*

We offer comprehensive training, taught by our professional staff.

For more information, or to enroll in volunteer training, please contact our Volunteer Department at 800.797.2050 or volunteer@ehospice.org.

Space is limited!
Final RSVP date is May 18, 2016.



TRAINING DATES:

May 24, 25, & 26, 2016
8:30 a.m. to 3:00 p.m.
(Must attend all three sessions)

LOCATION:

The Elizabeth Hospice
500 La Terraza Blvd., Ste. 130
Escondido, CA 92025

SERVING SAN DIEGO AND INLAND EMPIRE AS A NONPROFIT HEALTHCARE LEADER SINCE 1978

www.elizabethhospice.org

760.737.2050 | TOLL FREE 1.800.797.2050

The Elizabeth Hospice, Inc. | 500 La Terraza Blvd. STE #130 | Escondido, CA 92025

Veteran's Standown- Mid July

Contact: Joan Boccio or Marisol Quesada
Their info is on the website, under 'members'

Look to the Future: What do you see?

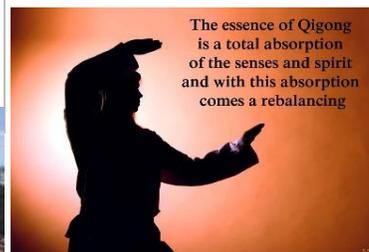
It has always been the intent of SDRC to listen to it's members and offer the things that interest them most. Last year we sent out a survey to see exactly what that might be. The three topics of highest interest were: **CranioSacral Therapy, QiGong, and BioMagnetic Therapy.**

The list also included **Essential Oils & Chakras, Healing with Color, Aura Imaging** and the beautiful **Labyrinth** we have visited several times.

CranioSacral

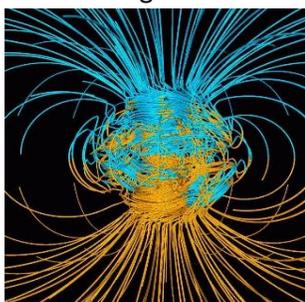


The essence of QiGong is a total absorption of the senses and spirit and with this absorption comes a rebalancing

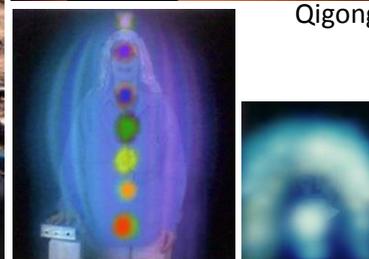


QiGong

BioMagnetics



Sacred Circles Hilltop - Labyrinth



Aura Imaging

Essential Oils



Save the Date: Oct 15th, 2016 Full Moon Labyrinth!!

Our last Gathering in March was a planning and playing session. We set up a round table discussion to generate ideas for inclusion in our Gatherings and Activities. We had a fun time envisioning possibilities for **Outreach Opportunities, Path or Business Development, Social Media Training, Mentoring Programs, Legislation Watch, Research Articles, Expanded Web Development,** and many more. It was indeed a stimulating day!!

And then we took some time to play. Right Brain always likes to be balanced with the Left!! We closed our Gathering with a little **ReikiDance** and of course a beautiful **Healing Circle** lead by Serena. It was lovely!!

Chakras



We will be sending out another survey to determine your current choices for our future gatherings, so watch your email box and please reply.

Looking forward to the next time we meet!!!

**In Loving Service,
Mary-Joy Neuru
And all the Board, SDRC**



