



# San Diego Reiki Corps Front Page News

March 2009 Volume 1

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## We have a new chairman! Phil Poisson

At the recent meeting of the SDRC board, Phil Poisson, was voted in as the new Chairman. It was a unanimous decision made happily by the board members as Phil has been an integral part of the board since its inception. We have Phil to thank for designing, maintaining, and financially sustaining the website. Past chair, Ann Van Buskirk, was quoted as saying "We couldn't ask for better leadership and support of the San Diego Reiki Corps. It will grow in numbers and with integrity to its mission with Phil at the helm."

## Message from the Chairman

As the San Diego Reiki Corps grows on a daily basis it is my pleasure to be part of the program. I appreciate the confidence you have in my abilities to assist and guide the SDRC Program to grow. I thank each and every one of you for your guidance and assistance in developing a program needed by all those that are in need.

As the program grows, and we add additional members to the program (presently at 103 members), our Reiki Volunteer numbers continue to climb.

Thanks to each and every one of you, this program is a blessing.

Namaste,  
Phil



Phil Poisson as Tink

## Member News

We want to welcome a new member to the SDRC – Ben Sanders, Dennie Maslak, Ryan Peterson, Kathy DiFide, and Laurel Kadish

New members of the Sharp Memorial Hospital Reiki Program are

Dennie Maslak	2 <sup>nd</sup> Tuesday of the month
Ryan Peterson	2 <sup>nd</sup> and 3 <sup>rd</sup> Wednesday of the month
Kathy DiFide	4 <sup>th</sup> Monday of the month
Laurel Kadish	4 <sup>th</sup> Tuesday of the month
Ben Sanders	4 <sup>th</sup> Wednesday of the month

All of our new members currently have a partner. If you have been thinking of joining the Sharp Memorial Hospital Reiki Program, now is a great time.

## The Gathering Is Next Month! Mark Your Calendars

### Directions to:

**Laurel Barile's House**  
3602 Governor Drive,  
University City:

### From 5

take 52 East to Regents Rd/Clairmont Mesa and go North (Left) up the hill on Regents Rd to Governor Dr. Turn Right on Governor Dr, and go 3 stoplights to Mercer which is a T intersection.

### From 805 or 163

take 52 West to Genesee Ave and go North (Right) up the hill on Genesee Ave to Governor Dr. Turn Left on Governor Dr., go past Radcliff Dr. to Mercer which is a T intersection on your Right.

**Laurel's house is blue** and is located at the T intersection on the **NE corner of Governor Dr. & Mercer**. Swanson Pool and Park is directly across the street and you may park at the pool parking lot if you wish or on the street.

**San Diego Reiki Corps Gathering**  
**Sunday, March 22, 2009 2:00 - 4:30pm**  
**at Laurel Barile's Home, Room for Growth**

We will begin with a meditation followed by the reports of the Chairman and Coordinators.

Please remember to bring your business cards and brochures for the networking table.

Reiki Healing Circle - any healing requests will be placed in a bowl and will be prayed over at this time.

A small donation of \$10 to help Laurel cover the costs of the Gathering would be most appreciated. If you'd like to bring a dish for the table that also would be welcome.

Know your guests are welcome at our gathering. They may receive our invitation by sending Emmy their email address to:  
[emartinez.reiki@gmail.com](mailto:emartinez.reiki@gmail.com)

## SDRC Update

A Reiki Healing Request Form has been added to the SDRC website. We welcome [Marty Arnold](#) as the new Healing Request Coordinator. She will tell us about the new link at the upcoming Gathering. (See Events) To access the form now click on [Reiki Healing Request](#) or go to <http://www.sandiegoreikicorps/DistantHealingRequest.htm>

## Corps Member Profile: Lorraine George

Lorraine George is a Certified Usui/Tibetan Reiki Master and Trainer living in San Diego, California. During her training, she completed over 1200 hours working closely with Traditional Tibetan Physicians to integrate Reiki with their treatment of acute and chronic illnesses. Harnessing her experience with the Traditional Tibetan Physicians, Lorraine has treated a variety of clients suffering from many different types of medical conditions. Currently a member of the International Reiki Association and The Holistic Network, Lorraine is also a Reiki Med Research Practitioner and a Reiki Volunteer at Sharp Memorial Hospital.



*Lorraine shares her reiki skills with the SDRC and the Sharp Memorial Hospital Reiki Program and recruits many volunteers.*

## Members Recommend

**BodyWorlds2** This is a fantastic exhibit of the human body. Beginning in March at the San Diego History Museum this unique view of the body is a remarkable experience. Go to <http://www.sdnhm.org/exhibits/bodyworlds2/index.php>

**Mind Body Conference** If you've never attended the MindBody Conference before, this may be your year to do it. Held at the Scottish Rite Temple on September 19-20, 2009. The board is considering having the SDRC participate with a booth at the next conference. Your input is important. Let us know what you think. Email your thoughts to [Serena Poisson](mailto:Serena.Poisson@cox.net) at [iusereiki@cox.net](mailto:iusereiki@cox.net)

**Sufi Master** is coming to town. Shabda, friend of Serena and Phil Poisson will be in San Diego on May 1-3 2009 and is offering a demonstration and workshop of his skills. For more information, go to <http://www.onesunsandiego.com/contact.html> or contact Louise Jacobus at (619) 415-3568.

## Upcoming Events

The Gathering	March 22
SDRC Board Meeting	TBD
BodyWorlds2	March 5 <sup>th</sup> 2009 <a href="http://www.sdnhm.org">http://www.sdnhm.org</a>
Body Mind Spirit Conference	September 19-20, 2009
Sufi Master visit: Shabda --	May 1-3, 2009
Trip to the Integratron in Joshua tree being planned... are you interested?	
Visit the site: <a href="http://integratron.com/Welcome.html">http://integratron.com/Welcome.html</a>	

## The Last Word

### The SDRC: Our mission statement

We are dedicated to the art of Reiki, to the infinite possibilities of healing. We join together for the education, support, and sharing of ourselves and others in the ways of self mastery through this particular practice. With enthusiasm and trust, we welcome the creation of our Reiki community and work toward growth to benefit all members, all clients, and all who come to share their healing journey and Reiki with us. We ask that all members have Usui Reiki as their foundation for Reiki practice to support the uniformity of the Reiki Corps service. Many other forms of Reiki are welcome additions to what we honor as the original and most fundamental practice of Reiki.

We welcome your thoughts, objective criticism, input and ideas. Please let us know what you think of our first newsletter and how we can improve. We are here to support each other and we appreciate being supported by you.

### Sharp Memorial Hospital Reiki Program Schedule March through May 2009

Name	Day	March	April	May
Shirley and Cindy	<b>First</b> Monday	2	6	4
Frederick and Maggie	Tuesday	3	7	5
Edna and Sandra	Wednesday	4	1	6
Kate and Shilo	Thursday	5	2	7
Tina and Cathy R.	<b>Second</b> Monday	9	13	11
Lorna and Dennie	Tuesday	10	14	12
Mary Mc, Ryan and Chris	Wednesday	11	8	13
Liz and Emmy	Thursday	12	9	14
Brian and Paul	<b>Third</b> Monday	16	20	18
Maggie and Eloisa	Tuesday	17	21	19
Lorraine, Ryan and Brenda	Wednesday	18	15	20
Toni and Kaliani	Thursday	19	16	21
Susan, Kathy and Lorna	<b>Fourth</b> Monday	23	27	25
Phil and Laurel	Tuesday	24	28	26
Marice, Ben and Toru	Wednesday	25	22	27
Lisa and Emmy	Thursday	26	23	28