

San Diego Reiki Corps presents:

## “Trauma Informed Care”

with Louise Lucas

Sunday, November 5th, 2017

1:30-3:30 p.m.

**"Trauma Informed Care"** is a broad term covering treatment frameworks that involve recognizing, understanding, and responding to the effects of all types of trauma. Louise plans to discuss PTSD, ACES, and Moral Injury, and to share valuable information and techniques for helping clients with these traumas. Whether you are highly intuitive or not, as Reiki practitioners it is crucial to be aware of and sensitive to how trauma impacts people, on many different levels. Trauma memories can be released in surprising ways, both by our clients and by ourselves.



**This conversational, interactive workshop has something for Reiki practitioners at all levels.**

**Louise** is a Reiki Master (and former SDRC Board Member) who works as a library technician for San Diego Unified School District. Training in student Trauma Informed Care, which was provided by the district, planted the seed that grew into this workshop. She is married to Matt the Husband Lucas. Together they raised five sons and recently welcomed their first grandchild, a girl! Louise has been known to sing and dance in public, and she believes even the hardest topics can be softened with humor and caring.

Register at: [sandiegoreikicorps.org](http://sandiegoreikicorps.org)

Location: First United Methodist Church,  
Cove Room  
2111 Camino del Rio S.,  
San Diego, 92108

RSVP by November 1st

SDRC Members \$ 20.00

At the door and Non-members \$25.00