

San Diego Reiki Corps

presents

Tools for Living as an Empath/Energy Healer

with Energy Healer Barbara Goodwin

**The power of empathy and intuition
will open your heart and empower your life.**

Judith Orloff, M.D.

Imagine learning to embrace your sensitivities and manage the challenges of being a sensitive person. Barbara will discuss how to know if you are an empath, how to increase your awareness, and energetic tools necessary for healthy living in today's world.

Experience various protective strategies for mind, body, and spirit as she leads you through guided practice.

Join us for a fascinating event and learn how to enhance and support your effectiveness, whether you are highly sensitive or an empath.



Barbara Goodwin, Medical Intuitive and Psychic Medium, has been working as an energy healer for over 30 years. She uses a wide variety of techniques and is dedicated to empowering her clients to find and follow their life path, to experience the joy of that path, and to identify and heal the blocked energy patterns that may interfere. In addition to her spiritual studies, Barbara holds a B.S. in Speech Pathology & Audiology, an M.S. in Education, and retired from public education as the Director of Special Education.

Saturday, March 17th, 1:30 - 3:30pm

First United Methodist Church in the Valley
2111 Camino del Rio south, San Diego, 92108

SDRC Members \$20

At the door & Non-members \$25

Please Register by March 15th at:

SanDiegoReikiCorps.org