

Benefits

- Attend gatherings with topics of interest to Reiki practitioners, such as Herbal medicine, crystal healing, healing touch, aromatherapy and more
- Networking opportunities through regularly scheduled events where one can talk to fellow Reiki Practitioners
- Your name and email on the website Member list
- Your classes listed on SDRC Facebook page
- Emails sent directly to you for SDRC opportunities/classes/events
- Link to your website from the SDRC website
- Access opportunities to practice Reiki in the community and the hospital setting: Grossmont Sharp Hospital, and Veteran's Stand Down
- Opportunities to take on leadership roles by participation on the Board or committees
- Receive e-mail alerts, newsletters, and access to online social networks such as Facebook and Meet Up
- One year membership.

All this for only \$30 annually!

Join today by going to Sandiegoreikicorps.org and click on Members

The 5 Spiritual Principles

These are the secrets of inviting happiness through many blessings and the spiritual medicine for all ills.

Just For Today:

Do not Anger

Do not Worry

Be Grateful

Be Honest and Work Hard

Be Compassionate to Yourself and Others



Mikao Usui



Outreach & Education



Working Together

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About

The San Diego Reiki Corps is designed to bring together Reiki practitioners dedicated to the art of Reiki and to the infinite possibilities of healing. The initial goal is to join together for education, support and sharing of ourselves and others in the ways of self-mastery through this particular practice. A secondary goal is to encourage the growth of a larger community of Reiki practitioners and to create benefits for all our members, all their clients, and all those who come to share their healing journey and the Reiki Energy with us.

We were officially established in May 2009 as a 501c(3), non-profit, and a federally classified public charity, under the educational banner.



What Do We Do?

The San Diego Reiki Corps provides healing services to our local communities. We conduct educational classes, and offer informational activities for both members and for the general public.

SDRC holds a variety of Gatherings to provide opportunities for camaraderie and networking. We also offer presentations from experts on different topics of interest.

We staff volunteer opportunities during the year, offering Reiki to a variety of charitable and health organizations. We also help promote community-awareness for a range of activities that support human needs, both physical and social.

We are a focal point for Reiki in the San Diego Community, listing all our members at SanDiegoReikiCorps.org



Events, Gatherings

As an educational organizational we offer topics of interest to our members, based on surveys and ideas selected from the most current technologies and protocols available in the current marketplace. In the past we have sponsored Reiki and Yoga, Drumming workshops, Hand Walking, Sacred Rituals and how to create them, Decluttering, an annual Psychic Fair, NLP, Animal Reiki, Animal Communication, History of Reiki, Dream Analysis, Messages from Spirit, visits to the PortalHedron, EFT Tapping, Sound Healing Meditations, trips to the Ramona Labyrinths, Body Talk, EMDR, Pranic Healing, Acupressure/Foot Reflexology plus many more topics.

During Covid our Zoom online venue was so successful that we were able to offer a series of events that benefited all the members. We worked to stay in touch with our community, stay connected with each other and to offer Reiki to those in need.



Members and non-members are always welcome at Gatherings.

We Volunteer...

Community Outreach

SDRC volunteers participate in several events on a yearly basis including: North County Walk for Animals sponsored by the San Diego Humane Society, as well as Veterans Standdown, More Than Pink Breast Cancer Walk, and Walk to end Alzheimer's.



Reiki in the Hospitals

The Reiki program at **Sharp Memorial Hospital** is on hold for SDRC members that normally volunteer, but we are offering Reiki at **Grossmont Sharp**. Hopefully in the upcoming years, we will be able of resume offering Reiki at Elizabeth and other hospice, palliative care programs in the San Diego area.



Look to the future...

Do you do Reiki?

Become a member today!

SanDiegoReikiCorps.org

Come join us!!