San Diego Reiki Corps

Healing with Frequencies

March 23rd, 2025, Escondido



Welcome, Welcome!! Sign up for your sample sessions here with Alex Apostolidis. The whole house was full of amazing equipment to try.





Annette Popelar was in the Living Room with her Spooky 2 Rife Machine. There was also a short informative talk about the equipment. Then off to try EVERYTHING.



Susi Vine offered Healy Sessions

There was also a Bemer, Bio Mat, Scalar Field (in the Garage) Mira Mate devices and lots of scrumptious snacks to keep people grounded and hydrated. We also gave away programmed stickers and essential oils. What FUN!!



Mary Dralle brought her Sound Chair and the Labyrinth outside.



Mary-Joy Neuru brought her EMDR equipment for some Reiki Brain Rewiring and the Red Light Facial Dream Spa.





SDRC Frequency Fair – Devices and Definitions

Scalar Energy discovered by Nikola Tesla, provides energy to cells, promoting vitality, stimulating cellular growth, cellular communication and supports DNA repair and regeneration.

RFG Machine (Rife Frequency Generator) is a treatment system that uses the principles found by Royal Rife, who discovered that microorganisms could be destroyed using frequencies. Spooky2 uses a comprehensive database of frequencies that can heal or kill pathogens in the body.

MiraMate is a pulsed ElectroMagnetic Field Therapy device (**PEMF**) that targets the body at a cellular level to stimulate cell metabolism and improve health. It is a safe and natural form of treatment used for numerous disorders, disease and injuries. "Excellent for Carpal tunnel & hands"

Red-light therapy - Dream Spa is a device that utilizes 'red light' to penetrate the facial dermis and stimulate the production of collagen and proteins that enhance skin elasticity. According to experts <u>Alexander Wunsch and Karsten Matuschka</u>, red-light therapy has "demonstrated efficacy and safety for skin rejuvenation and intradermal collagen increase when compared with controls." ^[1] https://www.consumerhealthdigest.com/red-light-therapy-reviews/best-red-light-therapy-

devices.html **EMDR** (Eye Movement Desensitization and Reprocessing) is an information processing **therapy** that helps clients cope with trauma, addictions, and phobias by accessing the subconscious to clear patterns, memories & experiences. As we're using it today, it can also implant affirmation frequencies for wellbeing into the subconscious to facilitate and/or enhance making better choices in one's life.

Healy is an electronic device that uses low level electrical impulses to balance the body and enhance various health aspects. It offers different programs for stress reduction, sleep improvement, fitness, skin care, and mental and emotional well-being

BEMER is a consumer medical device that sends a low-intensity micro current into the body to create an electromagnetic field that stimulates and improves blood circulation. It can enhance muscle performance, reduce stress, promote lymphatic drainage and support overall wellbeing.

BioMat[®] is a device that uses far-infrared heat, negative ions and amethyst and tourmaline crystals to reduce stress, pain, inflammation and improve sleep and immune system. It is considered to be an Energy Detox device.







Mary-Joy, Annette, Mary Dralle

Hostess Jan Burke

Susi and a Participant