

2025 Events - Mark your Calendars

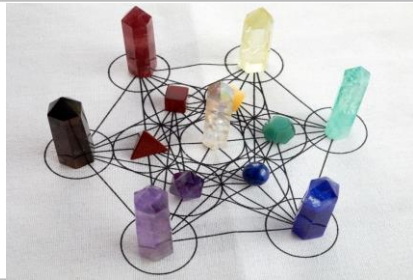
Space can be limited, enroll early. And keep your membership current for discounted event prices.

Jan 26th

Sunday 2 - 5pm

Crystal Grid Workshop

Escondido



Feb 22nd

Saturday 3:30 - 5:30pm

Membership Reiki Share

Serra Mesa Library



March 23rd

Sunday 2 - 5pm

Healing with Frequencies

Escondido



April 26th

Saturday 11am - 1pm

SDRC Spring Meet & Greet

Serra Mesa Library



May 18th

Sunday 2 - 5pm

Human Design

La Mesa

Postponed



June 21st

Saturday 4:30 - 8:30pm

Summer Solstice Celebration

Escondido



Member's Outreach

**July 19th & 20th
Gay Pride Walk,
Balboa Park**

Aug 17th

Sunday 1:30 - 4pm

Vagus Nerve & Stress

La Mesa



Sept 13th

Saturday 2 - 5pm

Breathwork & Toning

La Mesa



Alzheimer's Walk

Sept 20, Kit Carson Park

Oct 4, Liberty Station

Breast Cancer Walk

Nov 2, Balboa Park

November 9th

Sunday 2 - 5pm

Messages From Spirit w/ Elivia

Escondido



Dec 6th

Saturday 5 - 8pm

Holiday Celebration

Escondido

