## San Diego Reiki Corps presents:

Vocal Goung Conscious use of sound to create an environment that allows healing within the physical, mental, emotional, and piritual aspects of your being.

Using your own Voice as a Healing Tool you can:

Kill Viruses in the Nasal Passages Discover where a Problem lies Increase Energy Flow of the Chakras Bring the Body into Better Balance Enhance Meditation Practices

## Join us for this unique learning experience.

Don't worry, we'll take it slow so everyone feels competent.

## Mary-Joy Neuru,

Reiki Master Teacher Healer, since 1992 and Certified Sound Healer (2017) has been working with singing bowls, vocal toning, and tuning forks since the late 90's.

"I think it's so exciting what we're finally discovering about Frequency and Sound Healing. To think we have a voice that can match and combine with Reiki Energy, the possibilities are endless!"



## Sunday April 7th 2024 2pm-5pm, Escondido

Register by April 1at at: SanDiegoReikiCorps.org Members: \$40 Guests: \$50

"Don't be afraid if you think you have a terrible voice. Be like a Buddhist and enjoy the mix of all pitches and qualities. **It's easier than you think.**"