

August

2025

Reiki Shares and SDRC Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 Vagus Nerve & Stress workshop La Mesa 1:30-4pm	18	19 Unity City Heights Meditation KathySuePapike @yahoo.com	20 Reiki Share La Mesa Judicatg @yahoo.com	21	22	23
24	25 Reiki Bowls Zoom Mary-joy@cox.net	26 Reiki Share Encinitas Mary-joy@cox.net	27	28	29	30 Sunday 31st