



San Diego Reiki Corps, 3231-C Business Park Dr, #213, Vista, CA 92081, [SanDiegoReikiCorps.org](http://SanDiegoReikiCorps.org)

August 2020  
Volume 36

## Summer 2020, Almost Gone

### INSIDE THIS ISSUE:

- 1 [President's Message](#)
- 2 [Upcoming Event](#)
- 3 [Latest Event - Animal Communication](#)
- 4 [April Letter from the President](#)
- 5 [Amazon Smile](#)
- 6 [Spring 2020 Events](#)

### Save the Dates:

#### Online Gathering

**October 24th -**  
Messages from Spirit  
1:30-4:30

#### In Person?

**December - tba**  
Holiday Celebration

Unfortunately there are still no group volunteer events available.

### President's Message:

Hello everyone,

I hope you have been finding ways to enjoy this interesting summer we've having. Despite the fact that we have been on house arrest, or not, or yes-again, there are so many things to be grateful for, and so many things to enjoy.

We are blessed with our weather, our families, our friends and of course our Reiki.

If you've been listening, praying and/or meditating, you've do doubt noticed the flux and flow of the energy. We are definitely living in interesting times!!

Based on everything I have been reading and receiving through Reiki & Meditation, I realize it is extremely important that we stay in that place of Gratitude. Our world is in the process of a great transformation. And we can all help!! Staying informed is quite important, but it's also important to not immerse ourselves in the news to the point that it makes us sad, angry, depressed, fearful or just plain crazy. It is most important that we hold our Reiki as our most dominant energy frequency so that we can help others find their way to a better feeling place: mentally, emotionally, physically and energetically. The Blessing for us is that we don't really have to say anything or work at it very hard. We just have to Be Reiki and the Energy will do the rest.

Have you been able to enjoy some of our online events? Our start was rather tentative, but once we realized we might be stuck at home for quite some time, we decided to jump fully into the Zoom Community. I hope you enjoyed the Board's contributions!! With confidence we were pleased to offer the Animal Communication Event. Chiara was truly amazing!! Such a tremendous amount of information. I'm sure we will see more of her!!

Look to register for our October online event, the return of: "Messages From Spirit" with Elivia Melodey.

We are expecting the outside situation to be rather chaotic till the end of the year, perhaps beyond, so we'll have to keep you informed of future events and changes as we go along.

In the meantime... see you online and in the ethers!! Reiki On!!

Namaste

Mary-Joy

*Mary-Joy Neuru President, San Diego Reiki Corps ...*

*a professional organization supporting the community through education and outreach.*

We are very happy to offer a repeat of last year's "Messages From Spirit" with Elivia Melodey. The event was so well received!! Everyone went home with several messages just for them from their guides and teachers. Elivia is truly gifted. We appreciate being able to offer this unique event again. Due to time constraints, registration will be limited to only 30 participants. **Sign up soon** and give Spirit a chance to plan to be there for you.

## San Diego Reiki Corps Online Presents



### October 24th

# Messages From Spirit with Elivia Melodey 1:30-4:30pm - "Via Zoom"

**Rev. Elivia Melodey** is an ordained Spiritualist medium with clairaudient, clairvoyant, and clairsentient abilities.

Dedicated to personal and world healing, Elivia offers a wide variety of services. As a Spiritual Medium, she offers counseling sessions for individuals, couples, families and group Message Circles.

Elivia is a Past Life Regression Therapist and Master Light Worker, who is available for remote and in-person Clearing session, Healings and personal Sound Attunements.

As a minister, Reverend Elivia conducts lecture services, ceremonies and sacred music presentations.

**Come join us for this special event where Elivia will be offering a message for each of us.**

**Members: \$15**

**Non-members: \$20**

**Limit - 30 participants!**

**Register today at:**

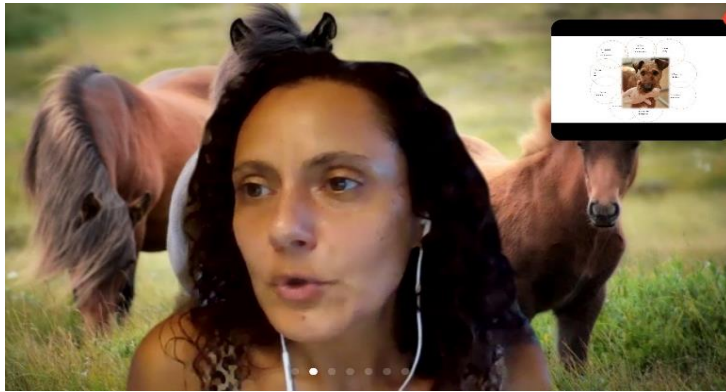
**[SanDiegoReikiCorps.org](http://SanDiegoReikiCorps.org)**

An email with Zoom link will be sent out after registration.



Photos from:

# Animal Communication with Chiara Marrapodi



## A calling

Animals take a huge burden on behalf of humans the least we can do is not project our narrative negative beliefs and our inadequacies upon them. animal communication is dialogue. It is not about expecting full compliance or else - that's a dictatorship. That's humans using levels of force and animal communication to manipulate animals to do our bidding. This is another form of abuse. This is limited thinking. It is the loss of the heart. If anything animals turn off when animal communication is used in this manner and tune you and the communicator out. It's called shutting down.

Animals thrive when they are deeply respected, heard, understood and truly seen for who they are on their terms. This is also known as love.

When my animals see me they expand, they don't contract. They feel safe, they feel relief. You can gauge this by their physiological response at my presence: they breathe out deeply, their tails are high up in a state of happiness, they verbalize to me spontaneously and they come to me without force. They want to be with me and they are themselves, because I give them space to do so. They can breathe. There is no force. They are free. They are heard. They are respected. They are understood. They are loved. Animal communication is a dialogue about love. Nervous system to nervous system first



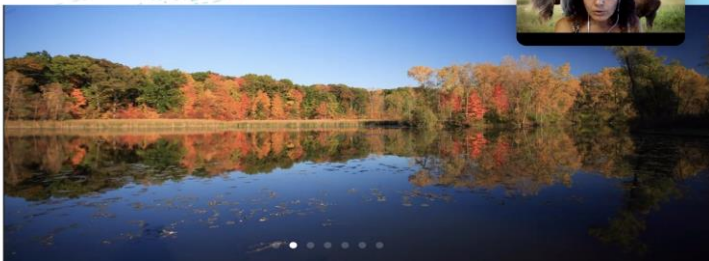
## A dogs view



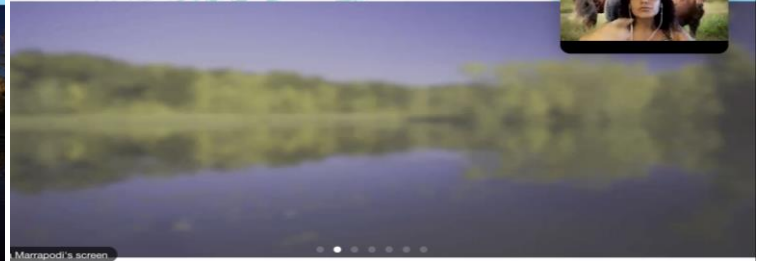
- Innocence
- Playful
- Acceptance
- Joy
- Full body experience
- Real
- Engaging
- Whole self



## What you see



## A dogs view



### Live Comms – Artie Smartie

- Owner: Brenda Mannon
- Permission received to publish photo



How are you feeling?  
What can I do to make you happier?  
Do you have something to tell me that you think I need to know?

Marrapodi's screen Copyright Chiara Marrapodi 2020



### Live Comms – Amber

- Owner: Cheryl Noble
- Permission received to publish photo



Can she ever have puppies?  
Would she ever stop jumping on visitors?  
What does, if anything, she bark at late at night?



Chiara was amazing!!! Here are some of the slides from her presentation. She has a unique history and approach to animals that is truly engaging. The "Live Comms" are the first 5 members who registered for the event. They received a free reading for their pet during the presentation. I know them all and their pets. So, I can honestly say that the information she imparted was spot on for each pet. It was fabulous!

# A Feline View

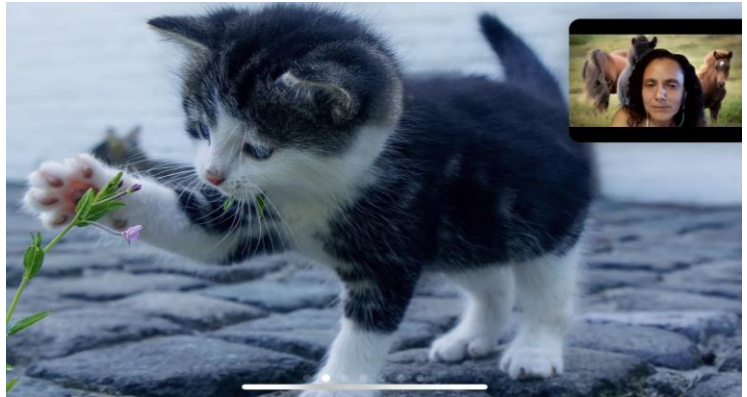


# A Feline View

Chiara Marrapodi's screen

## Curiosity & Play

- Supports brain plasticity
- Allows for embedding of new experiences
- Expansive
- Creates deep Heart-to-Heart™ connection
- Supports understanding and growth



### Live Comms - Lena

- Owner: Laurie Sayward
- Permission received to publish photo



How did she end up under the car in the Office Depot parking where I found her?

Why won't she come to me once she's been frightened, even when I offer treats? (They only get treats when I do nail trims or I need them to come to me.) (Part b of above) How can I comfort her when she's afraid?

Why won't she play with me and the toys on the closet door anymore? Does she want another type?

Copyright Chiara Marrapodi 2020

### Live Comms - Diego

- Owner: Joan Boccio
- Permission received to publish photo

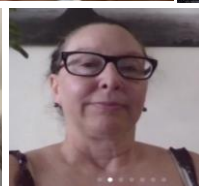
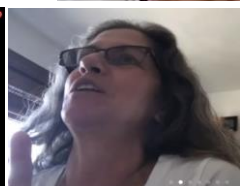
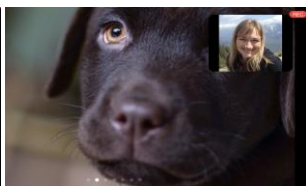
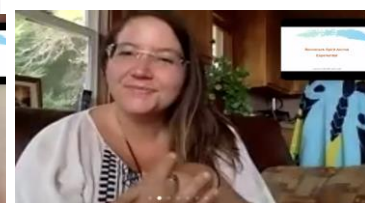
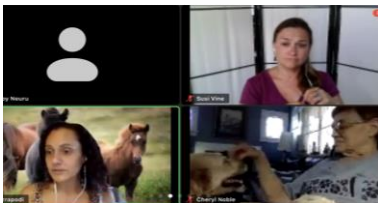


## Rhythm

- Animals are rhythmical beings
- Animal communication is no different
- Animal communication is likened to poetry
- Prosody – rhythm – trust – flow



(other than why are you so noisy???) HA what do you need to be entertained? how are you most comfortable?? ??? not coming up with anything else....I'll leave it up to you



Chiara is connected to the animals in a miraculous way. She is generous, enjoyable and informed. We will surely invite her again for another event to share her wealth of insight and compassion for wild as well as domestic animals.

## Letter from the SDRC President

Hello Everyone,  
Are you stressing? Are you stocking up on toilet paper?  
Well, I'm not... and here's why:

The Corona virus comes from the same virus we encounter every year in its newest flu/cold version. Yes, this version is much more contagious. But so far less people have died in this country than during previous flu seasons. And I believe we can unify and rise above it.

That does not mean it won't get worse or that we should ignore the advice available. It is important to practice these healthy habits:



- Wash your hands often, including thumbs and fingertips.
- Use sanitizers that contain alcohol, especially on surfaces.
- Self-quarantine if you feel ill.
- Keep a safe distance from others.
- Stay completely away from loved ones that have respiratory issues or compromised immune systems.
- Eat properly, and boost your own immune system.
- Hydrate: drink as much water as you can.
- Get enough sleep and some regular exercise.
- And above all STAY OUT OF FEAR!!

### Page 2

According to Bruce Lipton: "The fear of the coronavirus is more deadly than the virus itself!" In a recent posting on Facebook -- <https://www.facebook.com/prageet.harris/posts/2564653567146412> Lipton speaks about the necebo effect (negative thinking) as a prime factor in health and one's ability to recover from illnesses. Just as the placebo effect helps us come back into balance naturally, negative thinking adds stress to our system and contributes to the body's inability to self-heal. Staying out of fear will help!



Bruce Lipton

Barbara Dillinger, one of my Spiritual Teachers who is now helping from the other side of the veil, always said "viruses are just information." If we choose to take in what is available to our consciousness and remind the body that it does not have to resist, we will be able to accept and assimilate this new DNA as a rebalancing agent and raise our vibrations to new levels of love. So much can be accomplished -- so many changes for the better.

Here is another message that rings true for me. Hope it helps you as well. <https://jeffvanderclute.com/articles/a-message-from-the-coronavirus/>



I see the SDRC Newsletters as both information historical. Therefore, I feel it's important to include in this Newsletter, the April 2020 letter I wrote to help us understand the dilemma of our current situation.

The COVID-19 pandemic hit us with surprise and shock to think that our lives could be changed so drastically. Because the San Diego Reiki Corps is really about volunteering Reiki in hospitals, hospice, and at other charitable events, we have been denied the best part of our activities. No working with the Veterans, the Alzheimer Caregivers, the animals, and many other worthy causes.

But when looking for the gift in the situation, we can see the beauty of having had plenty of time to send distance Reiki to those we love, to the front line medical workers, the first responders and anyone we know that has fallen ill. We have also been able to help mitigate the fear that has been coursing around our planet with great ferocity.

It is a labor of love that we cherish!! And we look forward to the time we can give Reiki in person, hands-on, to the people who come to us for help. We are in gratitude for that.

### Page 3

We are very fortunate to know Reiki!! What better way is there to keep calm, boost our immunity - and, most importantly, keep our vibrations energetically high enough to stay above the frequency of the virus?



If you feel you have symptoms, there is a hotline from the Government/Google that will tell you what to do first. <https://www.coronavirus.gov/> If you are ill, or think you've been exposed, follow instructions and self-quarantine!! Slow down, enjoy your family and listen to what your body says. Seek out what is recommended, respond accordingly, and hold a positive expectation for yourself, your loved ones and for all of us.

"Remember the Truth of quantum physics: Consciousness is creating your life experiences! Are you being conscious of disease ... or of health?" - B. Lipton

Sending you Reiki, Light, Love, Laughter, and the highest frequency of health you can receive.

Namaste.

In loving service,  
Mary-Joy

Mary-Joy Neuru, President  
[Mary-Joy@MaryNeuru.com](mailto:Mary-Joy@MaryNeuru.com)  
San Diego Reiki Corps ...  
a non-profit professional organization supporting the community through education and outreach.  
[SanDiegoReikiCorps.org](http://SanDiegoReikiCorps.org)

4-1-2020

**Did you know you can donate to San Diego Reiki Corps through Amazon?**

Here's a little info about it. Put simply, you just log into your Amazon account and select Amazon Smile. Once in, you can designate your own charity. Type in "San Diego Reiki Corps" and select that. Amazon will donate a small amount to our organization every time you shop.

**Support San Diego Reiki Corps Inc**

Shop at [smile.amazon.com](https://smile.amazon.com) and we'll donate to your favorite charitable organization, at **no cost to you.**

[Start shopping](#) [Pick a different charity](#)

Amazon donates 0.5% of the price of eligible purchases.



**We hope you had an opportunity to enjoy our 2020 Online Events!  
We will be planning more in 2021!! Until then, Reiki On!**

**San Diego Reiki Corps**  
presents  
**Spring 2020 Online Events**

As the Corona Virus continues spreading, we are all encouraged to stay home except for work, or to buy only essential items. Because we are all looking for support and connection, the SDRC Board has decided to offer some online events to keep us in community at this difficult time. These events are our gift to you. Specific dates and times will be determined by the individual presenters. **Watch for an email with instructions for connecting to each event.** And feel free to email the specific presenter for more information.



**Join Mary-Joy Neuru**  
**Saturday April 25th 2-3:30pm via Zoom**  
**Sound Healing Meditation**

- Raise the body's vibration above the frequency of the corona virus
- Reduce stress and boost the immune system
- Enhance connection: Self with Source
- Create community and send Reiki to a world in need.



**May - Meditation**  
with  
**Serena Poisson**  
Date and time - TBA



**June - Toning**  
with **Allison Brilmyer**



**July-Yoga** with  
**Kat Papike**

**Hope to see you at our next GREAT online event!!**