



San Diego Reiki Corps, 3231-C Business Park Dr, #213, Vista, CA 92081, SanDiegoReikiCorps.org

July 2019
Volume 36

Gratitude + Reiki = Peace

INSIDE THIS ISSUE:

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- 2 Upcoming Events
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Save the Dates:

Gatherings

August 24th -

EFT Tapping 1:30-4:30p
Unity San Diego

Sept 14th -

Body & Soul Nourishment
1:30-4:30p, Unity San Diego

October 19th -

Reiki Master Congress
9:45-4:00p, Moore Manor, Escondido

Nov 9th -

Messages from Spirit
1:30-4:30p Unity SD

Dec 7th -

Holiday Celebration
4:00-7:00p Unity SD

President's Message:

Hello Everyone,

Hope you are finding much joy this Summer in San Diego!!

I'm sitting here, contemplating our Reiki Corps and writing this message on July 4th, mostly because it's quiet and I can think. Holidays are my favorite days to stay home and enjoy the quiet. There's no frenetic energy of people going to work and the feel in the 'etheric' is joy, relaxation and peace. Thankfully for us, with Reiki we can create that state in any moment. We are truly blessed to be able to do Reiki!!

I am also in a place of gratitude. I am grateful to have been born in America! Oh, we have our problems!! But no other country offers us the freedoms and benefits we experience here. I had a thought this morning (out on the almost empty freeways) that perhaps all the political chaos is Spirits way of saying "Can you remain neutral?" "Can you stay out of judgement?" "Will you send Reiki to every situation and every person that rattles that neutrality?" Wow!! Can I? Can we? If we truly want Peace on Earth we must be willing to embrace those that disagree with us, sending them love. Or those that have hurt us - Send them LOVE!

With Reiki we have a tool that does just that!! Send your REIKI LOVE out into your home, your community, your workplace, your Country, especially to our politicians and of course to ourselves. We CAN and WILL help make the world a better place!

And so it is.

Namaste

Mary-Joy

Mary-Joy Neurow President, San Diego Reiki Corps ...

a professional organization supporting the community through education and outreach.

PS. The Conference was a great success! Thank you to everyone that participated, especially our volunteers!!

PPS. We have lots of great events planned for the rest of the year. Hope to see you at some of them.

August Gathering

EFT Tapping

Emotional Freedom Technique

with Michelle Leuschen

August 24th

1:30-4:30pm

Unity San Diego, 3770 Altadena Ave,
City Heights, San Diego

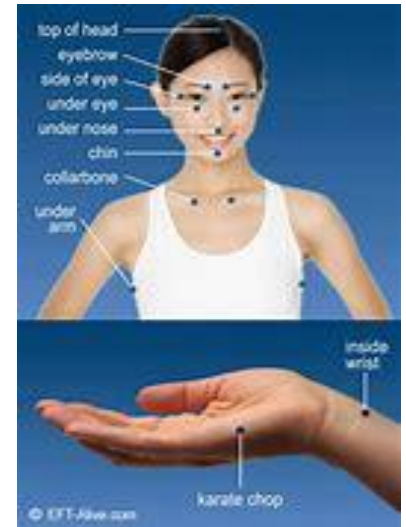
SDRC Members \$20

Non-members and at the Door \$25

Come join us for this GREAT event!!

Register at:

www.SanDiegoReikiCorps.org



Emotional Freedom Technique (EFT) is an alternative treatment for physical pain and emotional distress that draws on theories of Acupuncture, Neuro-Linguistic Programming, Energy Medicine and Thought Field Therapy



Michelle Leuschen - EFT

Michelle Leuschen MS, has over 18 years experience as a therapist and specializes in the use of EFT. Using this approach, Michelle has had enormous success in working with a wide range of psychological and physical issues. Her work is intuitive, gentle and effective. Along with her private work, Michelle travels nation-wide and internationally offering EFT workshops.

She says, "I love working with and teaching my clients EFT. It is simply the most effective treatment I have ever come across. The results are rapid and usually permanent, and hundreds of people have changed their lives for the better. What could be more exciting than that?"

<http://www.learneft.org/michelle-leuschen/>

Michelle holds a Master's degree in Counseling from West Chester University in Pennsylvania. She is a member of the Association for Comprehensive Energy Psychology and is involved in on-going education.

2019 Fall Gatherings



September 14th - Body & Soul Nourishment w/ Elaine Bryan, 1:30-4:30pm, Unity San Diego-City Heights

We all have the knowledge and inspiration within ourselves to move towards joy, well-being, peace and health. Through nutritional counseling, health coaching sessions, and yoga, Elaine helps clients find balance and well-being through nourishing their bodies and hearts.



October 19th - Reiki Master Congress 9:45-4:00pm, Moore Manor, Escondido

- Share your ideas for the Future of Reiki in California.
- Upgrade your knowledge of Ethics and CA State Law.
- Enjoy Tibetan Bowl Presentation.
- Connect and Communicate with fellow Reiki Masters.
- Enjoy Lunch, Water, Coffee & Tea.
- All Reiki Masters invited, SDRC and non-members.



November 9th - Messages from Spirit with Elivia Melodey - 1:30-4:30pm, Unity San Diego Limit 30 persons

Reverend Elivia Melodey is an ordained Spiritualist medium with clairaudient, clairvoyant, and clairsentient abilities. Dedicated to personal and world healing, she offers a wide variety of services. She is delighted to offer a message for each of us.

As a Spiritual Medium, she also offers counseling sessions for individuals, couples, families and group Message Circles. She is a Past Life Regression therapist and Master Light worker, who is also available for remote and in-person Clearing session for healing and personal Sound Attunements. As a minister, Rev. Elivia conducts lecture services, ceremonies and performs sacred music presentation.

December 7th - Holiday Celebration

Pot Luck, Festivities, and more.
4:00-7:00pm,
Unity San Diego



Energy Healing the Future is Now!!



SDRC Conference 2019 - Presenters



BioField Tuning - Jillian Faldmo



Hara Healing
Barbara Goodwin &



Medical Qi gong - Fay McGrew



Bob Bowen



Biomagnetism - Ivan Marin



Ho'o Pono Pono - Serena Poisson



Volunteering Reiki
Joan Boccio &



Japanese Hand and Food
Reflexology and Acupressure -
Marcie Hintz



Crystal Healing - Elivia Melodey



Lisa Goodman

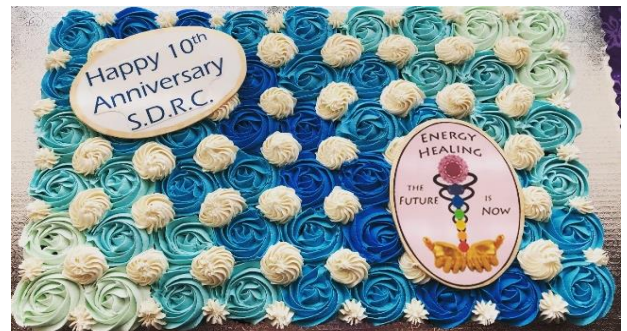
Such a GREAT Event!!!

Deborah King was amazing and the presentation was fabulous! She taught us a few Healing Techniques, gave the whole group an energy upgrade, and took time afterwards to speak with every one of us. She signed books and gave us each a mini energy reading.

Very FUN!

The lunch was delicious thanks to Elijah's Catering. The vendors had lots of goodies to sell. We served our Anniversary Cake and danced to the great music of BeatleTrax.

Thanks to All!!



The Breakout Sessions were impressive!! Such an array of Healing Modalities to choose from that were all very informative and lots of fun! Thank you to all the Presenters! And to all the Volunteers. Bravo you did a great job!!

Happy Anniversary SDRC!!

There are many more photos on the website HomePage: www.SanDiegoReikiCorps.org

Tales from the Other Side... or Skeptic's Corner

Great stories about Reiki awakenings and our journeys along this amazing energy awareness! Please send your story to me and I will add it here, anonymously, or if you like I'll add your name.

Thank YOU!!

In loving service, Mary-Joy



Your story should go here!!

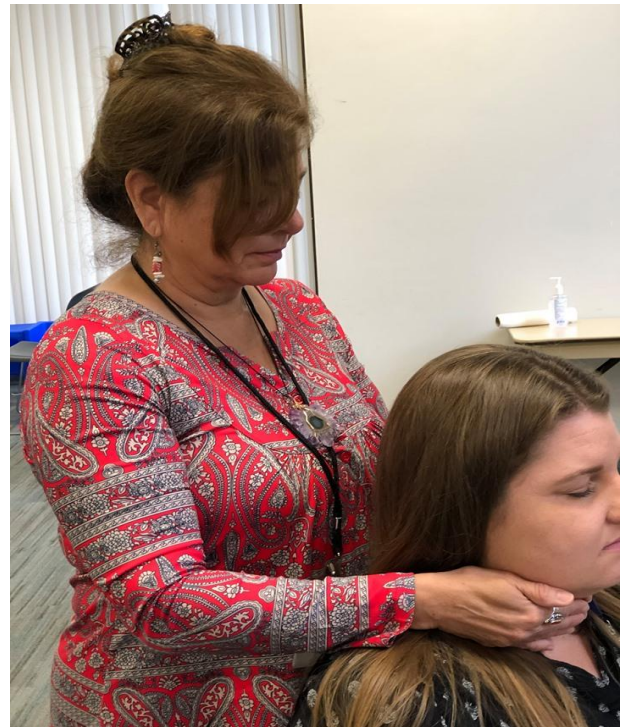
Palomar Nurses Week and Code Lavender

Palomar Medical Center Nurses Week

Thank you, Joan Boccio, Janet Falconer, Verna Fisher, Mary-Joy Neuru, Debra Sweeton, and especially Terry Lynne Wolfe for all her expert organization for this event!!



More photos on the website, featured on the HOME PAGE and archived on the EVENTS PAGE under Community Outreach. We are always grateful to be able to offer reiki to our communities. With Gratitude and LOVE!



Scripps Code Lavender



Special Thanks to

Nedra Abramson, Joan Boccio,
Rhonda Chowaiki,
Janet Falconer, Lisa Halverson,
Mary-Joy Neuru,
Kat Papike & Terry Lynne Wolfe



Monday, May 6 - La Jolla
Friday May 10, 12-4pm - Corporate
Monday, May 13 - Mercy San Diego
Friday May 17, 2-6pm - Mercy Chula Vista
Tuesday May 21 - Green

Contact: Kat Papike
KathySuePapike@yahoo.com



SDRC Volunteer Reiki
Code Lavender
Scripps Memorial
Hospital - Encinitas
May 23 9a.m. - 2p.m.
Contact Terry Wolfe
terrylynnewolfe@gmail.com

SP Adobe Spark

Humane Society Dog Walk

May 4th, 2019 - Liberty Station, San Diego



Thank you Tammy for taking over the lead for this event! You are much appreciated!!

And I'm sure the doggies loved all the Reiki from you three:

**Tammy Gillespie
Michelle Sarubbi
Barbara Varga-Mahler**

More Photos on the Website
www.SanDiegoReikiCorps.org

