



San Diego Reiki Corps, 3231-C Business Park Dr, #213, Vista, CA 92081, SanDiegoReikiCorps.org

November 2018
Volume 33

Goodbye 2018, Hello 2019

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- 4 Tales From the Other Side
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Save the Dates:

November

4 - Race for the Cure

December

2 - Gathering - Holiday Celebration
4:30-7pm

January

12 - Gathering - Conference Kick Off

*** 3rd Wednesday
Reiki and Meditation at Unity Church

*** Monthly Shares
Vista
Encinitas
La Mesa
San Marcos

President's Message:

Greetings everyone,

It is difficult to believe the year has gone by so fast!!! I know we all have been busy with our complicated lives. For me, practicing Reiki has helped me manage the integration and stabilization of the extraordinary energies that keep pushing me forward, offering opportunities to expand my consciousness. It has made for a rewarding and challenging year! But I remain grateful for the journey. SDRC has made changes this year too. I am grateful to the members who have helped move SDRC forward, making it a continually more enriching experience.

Thank you Everyone!!

So Goodbye to 2018 and Welcome to 2019...

Next year is going to be spectacular!!! As you may know, we have a keynote speaker for the Conference on May 18th - renowned author, teacher and healer Deborah King!!! Hurray!! Definitely she is a synchronistic gift from spirit. But that's another story. Just ask Julie Anne Moore.

We have also planned a Gathering each month leading up to the Conference with a Kick Off event on January 12th, so save the date. After the Conference there will be a June Board Meeting open to the membership. Date and time will be forthcoming. And summer will bring it's own special events.

We have a surprise for next fall that will be revealed after the specifics are arranged. And of course we continue to offer several Reiki Shares and Outreach opportunities. So keep your eye on Facebook, Meet up, email information and the Website.

There are many reasons to come and enjoy the gathering of like minded Reiki Practitioners: to share energy and continue to build a field of love, joy, growth and gratitude!!

Namaste
Mary-Joy

Mary-Joy Neuru President, San Diego Reiki Corps ...

a professional organization supporting the community through outreach and education.

www.SanDiegoReikiCorps.org

Conference 2019

Energy Healing: The Future is Now
May 18th, 2019



Heal yourself – Heal the World

Keynote Speaker

Deborah King

Want to help heal the world?
A great starting point is
healing yourself.

Join Deborah King, *New York Times* bestselling author, spiritual teacher, and master of the world's greatest healing traditions, for this talk to awaken your inner healer. Learn to use a pendulum to check chakras, practice powerful shamanic practices that clear old, stagnant energy from your energy field and body/mind, experience the field of unconditional love that emanates from Deborah, and leave the talk feeling younger, lighter, happier, and more connected.

You'll also have the chance to step up to the next level of spirituality in one of the many initiations into the realms beyond this plane that happen during Deborah's talks!

Recommended reading: *Heal Yourself - Heal the World*.

"I have seen people stand in line for hours just to get a moment with Deborah King. People just love her and her healing work."

Louise L. Hay, the *New York Times* best-selling author of *You Can Heal Your Life*

"Deborah King is a guide for all seekers of higher truth who are destined to fulfill their purpose of helping others by first healing themselves."

Neale Donald Walsch, the *New York Times* best-selling author of *Conversations with God*

"Deborah King reminds us that we're born with nature's most powerful instrument of healing—the gift to be able to sense and direct subtle energy through our bodies."

SDRC December Gathering -

Save the Date:

San Diego Reiki Corps

presents

Holiday Celebration

Dec. 2nd, 2018, 4:30-7pm

Pot Luck & Aura Photos
Bake Sale & Holiday Bazaar
Holiday Caroling

Come Join us for a Holiday Celebration
free to members and guests.
Bring a pot luck dish to share & your holiday spirit.
Aura photography will be available for \$25.
Bazaar table and Baked Goods for sale.

We will be having a shopping opportunity with Bazaar items and Bake Sale goodies. It is a Pot Luck with a Sing-a-long, plus the opportunity to purchase an Aura photo at the event for \$25.00.

Please send your **RSVP** and food confirmation to Serena Poisson by Nov. 29th so we have enough drinks for everyone. Spoisson1@roadrunner.com

Pot Luck categories arranged by alphabet, using your **FIRST** name:

A-G Appetizers
H-L Entrée/Casserole
M-Q Salad/Veggies
R-Z Desserts.

If you have **Bazaar items** to donate for SDRC to sell, they need to be dropped off, early enough for pricing, to Allison Brilmyer. Please email her to arrange for drop-off.

Mrs.brilmyer@yahoo.com

If you have **Holiday Craft items** you'd like to sell at the event, Contact Susi Vine.

susi@vinetherapy.us

All are Welcome!!
Unity Church of El Cajon
311 Highland Avenue, El Cajon, CA
December 2nd, 2018 4:30-7pm

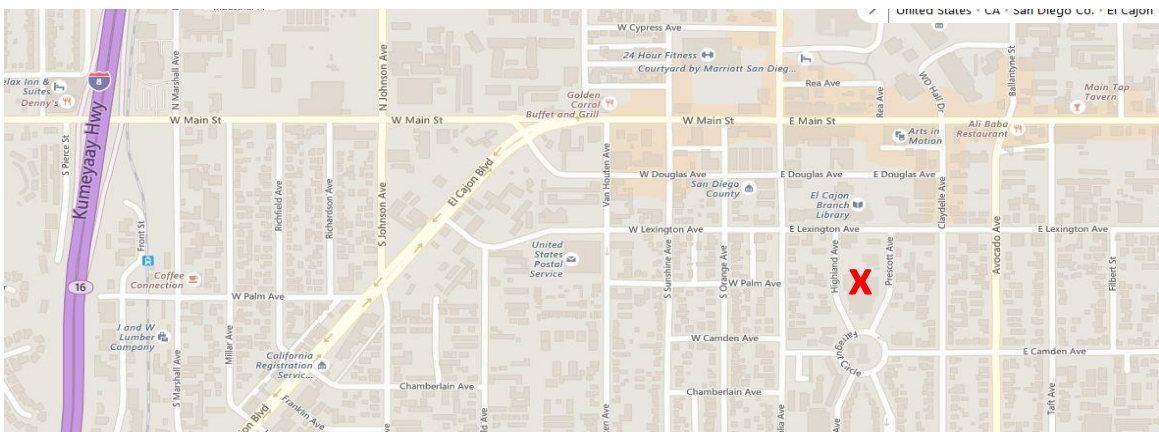


Please RSVP by Nov 29th to Serena: spoission1@roadrunner.com
www.SanDiegoReikiCorps.com

Hope to see you there!!

For the **Bake Sale**, we can make goodies similar to what we did for the Victorian Event. Package to sell for \$1.00 and just bring them to the event along with your Pot Luck item, (got to make sure there are enough goodies to take home!!) All proceeds go to SDRC Conference Fund. Doors will be open at 4:00 for set up. Check in at 4:30 and dinner at 5pm. Aura photos, shopping and music throughout. A sing-a-long culminates the evening along with our traditional closing ceremony.

Map to El Cajon Unity - X marks the spot



Tales from the Other Side... or Skeptic's Corner

Great stories about Reiki awakenings and our journeys along this amazing energy awareness! Please send your story to me and I will add it here, anonymously.

Thank YOU!!

In loving service, Mary-Joy

Story #6

My dear friend shared this story of her visit to her dentist... She had dental work to repair a cavity. The experience created a lot of lingering nerve pain. After many visits to her dentist, to address the pain, he proclaimed that nothing was wrong with her mouth. She was quite distraught since no solution was available.

This friend is not a seeker to the natural or metaphysical approaches to healing. After hearing her story, I quietly offered to do a reiki treatment. She gladly accepted. The treatment lasted less than 10 minutes and she has never had any dental pain, for years!

Story #7

My neighbor is an avid soccer player. She has suffered many injuries over the years. Her left foot was always a problem with tendonitis and sprains. One balmy summer evening we were sitting in her driveway chatting about life. Her recent soccer injury was causing her great pain and frustration since her doctor couldn't help her anymore, only Advil. I offered her a reiki treatment which was a surprise since she had no idea what Reiki was. After cradling her foot in Reiki, she was so grateful that her pain was gone—more soccer matches were in her future. Ten years have passed and I received a call from her saying that the reiki hadn't worked (except for the 10 year interval?) - her foot hurt again!! Guess she reinjured it... and of course I offered to help her, again.

C - Anonymous

Newest Feature:

Wisdom for practitioners:

It has been suggested that we offer information about books, websites, meditations, podcasts and other resources that will build our knowledge and inform our choices regarding Reiki and complimentary modalities. It will not be an easy task to vet all the available sources, so if you have suggestions, we are open to them. Please send a favorite to Maria Huston Hustonpurple63@cox.net and we will enlist a variety of eyes to decide what best fits the mission of San Diego Reiki Corps. Thank you for your input.
- Mary-Joy

Today's Wisdom Words - Book Corner:

It is interesting that there is such a variety of information on the internet about the origins of Usui Reiki. It is true that when Hawayo Takata began to teach Reiki in the United States, she altered the story to fit the American palate of belief systems. Post WW II, our predominantly Christian country rejected almost everything that did not originate in the Bible. It is understandable then, that Takata altered the story in hopes that Americans would accept Reiki and help further this amazing energy in our culture.

Fortunately times have changed and the true information is available in many places. The best source for history of the origins of Usui Reiki is **Frank Arjava Petter, Jikiden Reiki Master and author**. Arjava lived in Japan for many years and understands the sensibilities of that culture. He has researched tirelessly, respectfully approaching the subject. His diligence and respect has moved him closer each year to an association with the descendants of Usui that currently live in Japan.

His most recent book: [This is Reiki: Transformation of Body, Mind and Soul, FROM THE ORGINS TO THE PRACTICE](#) published in 2012 is a must have, must read. If it is not part of your library, you are missing the most accurate information.

We were very fortunate to have Arjava as keynote speaker for our 2016 Conference. In his talk, he suggested that the Granddaughter of Usui's brother had family photos that she might eventually share. So we do have more to look forward to. Until then...

I hope this information is helpful!! I am always open to your suggestions. Thank you, Mary-Joy



Arjava Petter

Photos of Events:

SAN DIEGO REIKI CORPS

BODY TALK WORKSHOP

OCTOBER 13, 2018



Mary Ellen Krut



How lovely to have a small but intimate class. It was a perfect size for the room and the material. And everyone was mesmerized by the power of the process!





San Diego Reiki Corps
PRESENTS

The
BodyTalk
System

BodyTalk is a holistic approach to healing, based on proven principles of energy medicine. The body is a complex ecosystem with a delicate balance between physiological, biochemical, emotional and mental interactions, environmental influences, and hereditary and genetic restrictions. The body's own wisdom guides the practitioner to facilitate healing to specific areas of concern.

Photo by
Mary Ellen Krut



Save the Weekend!!
October 13th or 14th

You will not want to miss this event! We will be raffling off a mini treatment as part of Mary Ellen's presentation. Plus learn "Cortices" - a special brain balancing technique. More info about date and location to come.
(Keep your eye on)

SanDiegoReikiCorps.org

**Knowing that the body has wisdom and then witnessing the truth of it was truly rewarding.
Thank You Mary Ellen!!**





AIHM Annual Conference 2018

People, Planet, Purpose

SEPTEMBER 22-26 | SAN DIEGO, CA



Sept. 22-26 | Sheraton San Diego | conference.aihm.org | #AIHM18

San Diego Reiki Corps participates annually in the Energy room at in the AIHM Conference in San Diego.

It is always a joy!! People come from all over the United States and sometimes beyond to enjoy this innovative collection of speakers and activities in the field of Health and Medicine.

We are honored to participate!!



Attention SDRC Outreach Volunteers!!!



Volunteers needed:
Please join us for the Walk to End Alzheimer's
Help us offer Reiki to Walk-a-thon participants!!

One of the yearly regulars.

Sunday September 23, 2018
8:30 am —noon

Crown Point Park
San Diego



The Alzheimer's walk is a much needed event to allow caregivers a day off that is fun and care free.
San Diego Reiki Corps is happy to support them!!



Be sure to check us out on

Facebook

Meet Up