



San Diego Reiki Corps, 3231-C Business Park Dr, #213, Vista, CA 92081, [SanDiegoReikiCorps.org](http://SanDiegoReikiCorps.org)

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## 2019 Conference Announcement!!

### INSIDE THIS ISSUE:

- 1 [President's Message](#)
- 2 [Outreach Protocol](#)
- 3 [First Fundraiser](#)
- 4 [Article](#)
- 5 [Event Photos](#)

### Save the Dates: January

**13th** Gathering -  
Heart for Volunteering  
1:30-3:30p

**31st** Outreach -  
Homeless Connect

### February

**3rd** Musical Jamboree  
Fundraiser 1:30-4:00p

**17rd** Outreach -  
Paw Walk

### March 17th

Gathering -  
Tools for Empaths  
1:30-3:30p

### April 29th

Victorian Fundraiser/  
Psychic Faire, 1:00-5:00p  
1896 Albert Beach House

### President's Message:

Happy New Year Everyone!!

Yes, we're having a Conference in 2019 to CELEBRATE 10 years of Incorporation as a 501(c)(3) organization. We have many exciting ideas you will love! The date and venue are being finalized as we secure the speakers. Our title is: "The Miracle of Healing". But more about that in the months ahead!!

For now... Welcome to this year, 2018, the Year of Illumination!! What does that actually mean? Looking at the numerology of the year,  $2+1+0+8=11$ , a Master Number!! It is also a 2 - which is about partnership and balance. The number 11 indicates a time when Mastership is within reach. So if you have been thinking about taking Reiki III, perhaps this is the year to start!

It is going to be another exciting year for SDRC. We are launching our first Conference Fundraiser in February. We will have three throughout the year to focus on FUN as well as fundraising. Please plan to join us and support our efforts to make the coming Conference better than our first one.

We already have a lot of Outreach Opportunities scheduled and are very grateful for the committee that Joan Boccio has created to support these activities. Bravo to you all!! We also have a new Gathering Committee... Thanks to all of you too!!

Our Gatherings this year will be focusing on those abilities that blossom naturally with Reiki training and emersion in the Reiki energy. Yes, I'm speaking of the strengthening of our intuition and of our ability to know and understand the larger answers to the complexities of these lives we lead. Reiki of course has it's own Conscious Connection, so as we allow that connection to strengthen, and accept the understandings into our awareness, life begins to change, most often for the better. At least that has been my experience.

So take in the energy of Reiki, of Love and of your own Mastery in whatever way it manifests. I am looking forward to the next time we meet and seeing those qualities growing in your eyes and in your energy field!! Namaste

In loving Service,

Mary-Joy

*President, San Diego Reiki Corps ...*

*a professional organization supporting the community through outreach and education.*

# Gathering - January 13th

## Learn Volunteer Protocol



Joan Boccio, Director of  
Community Outreach

Have you wanted to volunteer in the Community? Not sure what to expect or what is expected of you?

This is the workshop for you!

Joan and other SDRC members will be training on the protocol for different Community Outreach events. You will learn basics that apply to volunteering and how to be effective in each venue. This workshop will develop your confidence. Join us for a fun afternoon, meet the Volunteer Committee and earn a Certificate of Completion!

## Have A Heart for Volunteering?™

Speaker: Joan Boccio

Sponsored by San Diego Reiki Corps



**When?** *Saturday, January 13th 1:30 - 3:30pm*

**Where?** *United Methodist Church, Mission Valley  
2111 Camino Del Rio South, San Diego 92108*

*Registration required at:* **SanDiegoReikiCorps.org**

**Register by January 10th    SDRC Members Only    \$10.00**

# Conference Kickoff - February 3rd



Welcome the New Year and begin the  
countdown to the 2019 Conference

*san diego reiki corps* 501(c)(3)  
*presents a*  
**MUSICAL JAMBOREE**  
**FUNDRAISER**

Join us for a fun and festive afternoon!  
Enjoy live music provided by **FLOWER  
CHILD** (music of the 60's), food, and time  
to meet and greet! Bring \$1's and \$5's  
and your **LUCKY MOJO** for the raffle  
baskets; all proceeds go toward our  
**2019 10th Anniversary Conference.**

Saturday, February 3rd  
1:30-4:00pm

Location:  
First United Methodist  
2111 Camino del Rio South  
San Diego, CA 92108

Register by January 31st

[SanDiegoReikiCorps.org](http://SanDiegoReikiCorps.org)

Public Welcome!

\$30.00



## This should be great fun!!

# Tales from the Other Side... or Skeptic's Corner

Great stories about Reiki awakenings and our journeys along this amazing energy awareness! Please send your story to me and I will add it here, anonymously.

Thank YOU!!

In loving service, Mary-Joy

## Story #3, 12-21-17

*A friend of mine took me to San Diego Botanical Gardens in Encinitas for my birthday. I claim not to be a joiner, but I quickly did the math and purchased a 12 month membership. The newsletter arrived monthly.*

*The following summer I noticed a Meditation Series with Crystal Bowls in the newsletter. Being more than a "little tightly wound," I recruited two office mates – one "more tightly wound" than me and one with a "spiritual" practice. We attended a class. At the end of the class, the "more tightly wound" companion seemed as if she had been awakened from a deep (possibly drugged) sleep. The "spiritual" companion seemed relaxed and at peace. I, the "little tightly wound" person in the group, felt rested. I had a lot of questions. I approached the sisters that guided the meditation class. Of course, they were trying to go home but were very patient with me. It seems they had a question for me. One of the sisters said "you do Reiki?" I replied "No" (and probably looked either stupefied or horrified by the question) but I am interested in being a healer. One of the sisters said that she had a monthly Reiki share primarily for her students but that I could attend if I wanted. Personally, I think extending the Reiki share invitation was the only way she could think of to extract herself from my questions and go home for the evening.*

*I attended the Reiki share. Everyone was welcoming and kind. Over time I noticed that more people not affiliated with Reiki were asking me if I practiced Reiki. I was perplexed as to why this question was continually being asked. More time passed and I asked myself. "What do these people see or know that I do not?" I believe that questions and opportunities are presented in life for a reason. After some time, I decided that I owed it to myself and the universe to explore the answer to the question "you do Reiki."*

*Once I made my decision, I pursued my teacher and Reiki training. I took Reiki 1 classes and said I'm not taking Reiki 2. I took Reiki 2 classes and said I will not be a Reiki Master. I have almost completed my Reiki 3 training.*

*There have been some profound experiences. The support and encouragement from my Reiki Master, other Reiki practitioners and clients has been an amazing experience. My path of Reiki training has been slower than some practitioners. I remain in awe of Reiki. For me, Reiki is a journey.*

**B - Anonymous**

# November Gathering - Trauma Informed Care



Louise Lucas presented history and insights on a topic that is very much needed in our society today. She was interesting and informative! She gave us lots to think about!!  
**Thank you Louise**

This was the most attended Gathering of the 2017, almost 40 people. Bravo to Sandra and the Gathering Committee!! We are very happy to have a new group of members who enjoy getting the word out, who enjoy helping with the set up, clean up, and are available the day of the event.

**Thank you Sandra and everyone!!**



We also had a new selection of retail therapy and Christmas gifts at our Bazaar table. Thank you to **Carol Rand** and **Alison Brilmyer** and to all those who donated, especially to **Amethyst Moon** for their generous contributions!!  
**Thank you to everyone and to Teri Ravro!!**





We continue to hand out Membership Certificates at our Events. So if you don't have yours yet, find an event you'd enjoy and come.



It has been an amazing year of interesting events and opportunities!!

# October/November Outreach - AIHM

## Academy of Integrative Health and Medicine



Volunteering for the Academy of Integrative Health and Medicine (AIHM) Conference, for a 2nd year, was again a rewarding experience. This year the energy room was not inside the Conference Center, but outside in hotel rooms that surrounded a beautiful grassy area with lots of tropical plants. The addition of Nature Kingdom Energy was soothing and relaxing, as well as beautiful. Adding the plant energy to the Reiki and Healing Touch experience was truly sublime. If you have never volunteered for this event, you will probably have an opportunity next year. It is well worth the time spent.



**Looking forward to seeing you all at our next event!!!  
Namaste. Mary-Joy, San Diego Reiki Corps**