

San Diego Reiki Corps, 3231-C Business Park Dr, #213, Vista, CA 92081, SanDiegoReikiCorps.org

July 2017 Volume 27

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Save the Dates:

August 27th

Gathering - Medical Intuitive Introduction with Wendi Coulter Sunday 6:00-8:00

September 16th

Outreach - Heart Walk

October

<u>15th</u> - Outreach Pitties in the Park **<u>22nd-29th</u> - Outreach** AIHM Conference, San Diego

November 5th

Gathering - Trauma Informed Care Sunday 1:30-3:30

Looking Back, Looking Forward

President's Message.

Hello again!! Hope you are enjoying your summer. It is truly an extraordinary time to be alive and to be doing Reiki. We are a lucky bunch!!

2017 is more than half over. I'm looking back at what SDRC has offered you this year and am pleased with the events and the attendance. Of course the Board is always looking for new ways and new ideas to entice you to gather together and share your Reiki Energy. Got ideas?? Send them to me, mary-joy@cox.net or to Saundra, reikiheart@cox.net.

August is sparse for outreach opportunities, but not so from mid-September thru October, ending with the weeklong AIHM Conference. We're also excited to share Wendi Colter and her Medical Intuitive information with you. Do mark you calendars for August 27th. I have taken her first semester of classes and the material was exceptional.

Looking forward, the Board continues to work on a variety of documents that will boost the legitimacy of SDRC in general. You've seen the "Code of Ethics". We're also working on a "Standards of Practice" and "Guidelines for Master Teachers". We want to review and update the Mission Statement, create a Vision Statement and eventually tackle the By-laws. It is a lot of work, but time well spent to ensure that SDRC continues to be seen as a "professional" organization. And remember these are guidelines – not dictates.

There's fun stuff in the Newsletter too!! There are photos of events and a new section for stories. Hopefully your stories. Check it out on Page 4!

In closing, I lovingly send Reiki to each and every one of you! I encourage you to "Stay Grounded" and "Know that You are dearly Loved by Gaia, by Reiki and by Source". Namaste.

Mary-Joy President, San Diego Reiki Corps

Upcominę Event:

San Diego Reiki Corps Presents:

Introduction to Medical Intuition with Medical Intuitive Wendie Colter

Supercharge your Holistic Healthcare Practice with Medical Intuition!



Imagine having the ability to "see" someone's illness simply by focusing your thoughts on them! Medical Intuition is a powerful skill that actually enhances your natural intuition. You can learn to accurately view the sources and underlying causes of illness and pain for the healing of others, yourself, and your loved ones.

Wendie Colter, Medical Intuitive and Master Healer, is one of a very few instructors of medical intuition in the U.S., successfully training doctors, nurses, therapists and energy healers.

Join us for a fascinating event to learn how Medical Intuition can be used to enhance and support the effectiveness of all healing modalities, and also how it can also be used on its own as a practical skill set. In this workshop, you will get hands-on experience in how to use your intuition for self-healing and self-care.

"A great course that provides the tools for anyone to enhance their intuition." - Mimi Guarneri, MD, FACC, ABOIM President, Academy of Integrative Health & Medicine (AIHM)

Sunday, August 27th, 6:00 - 8:00pm

First United Methodist Church in the Valley 2111 Camino del Rio South, San Diego, 92108 SDRC Members \$15 / At the door & Non-members \$20 RSVP by August 24th to sandiegoreikicorps.org

The Practical Path

www.thepracticalpath.com



Sign up NOW!!! Go to: SanDiegoReikiCorps.org

Outreach Event:





Special Thanks to all the Volunteers!! Peggy Sprik Jan Burke Kat Papike Suzy Chavez Joan Boccio

May 6th, 2017 What Fun!!! We serviced 60... 47 dogs and, 13 humans







Tales from the Other Side ... or Skeptic's Corner

I've been thinking we all have great stories to tell about our Reiki awakening and our journey along this amazing energy awareness! And can you imagine how people in the future will look back on this time and ask... "How did that shift happen?" "Wonder what people's experiences were?"

So, I'm starting with one of my simple stories... See below.

My idea is that we stay anonymous, but with an initial and date to correlate to the story. I will keep a file and if anyone has similar stories and wants to connect with the writer I can forward the inquiry to the storyteller if that is agreeable. Since this is my project, when I stop being President, I can delete them all. You all get to decide if you like the idea and if you want to participate. The stories can be simple or profound. But probably best to keep them generic and not tied to specific symbols. So enjoy and do submit your additions. In loving service, Mary-Joy

Story #1, 7-21-17

When I look at my first Reiki class, I was overwhelmed by the joy that, for me, infused the Reiki energy. This feeling extended thought-out my 21 day cleanse and well beyond. But over time I became doubtful of my ability to run the Reiki energy. I totally believed in Reiki, but was I worthy?

So one day in the 10 minutes between the classes I taught at a local college, a young girl trotted into the dance studio, showed me the giant welt on her inner fore arm and said "I heard you could fix this." I was stunned, but said "Sure, hold out your arm". I took a breath, invited in the reiki and surrendered. In about 5 minutes she wiggled away from me. When I opened my eyes the welt was gone and she was saying "Great, it's gone." Sure enough.....no redness at all. She promptly trotted off, back to the volleyball court or ? wherever.

I remained stunned thinking...How did she know I could do anything to help? Who was she? How did she find me? Pondering possible answers to these questions, I realized I had never seen her before, even though my office sits between the volleyball court and the dance studio. And in the following year I never saw her again.

I began to wonder if she really ever existed. Did Spirit just manifest her to validate for me that Reiki was powerful and that I was worthy? Hahaha!

I often think back about this story, 30 years ago and still have to chuckle. Spirit and Reiki, indeed work in mysterious ways. M-Anonymous

Sound Healing Series - Gongs, May 13th

Teri Wilder and her Gongs made our Saturday May 6th evening just spectacular! Teri told her great story of how the gongs inspired her to change her successful music career into something much more soul felt. And boy did we feel the gongs!! It was truly delightful! She also brought hand made jewelry to sell and even gave away a CD to one lucky person. Thank you Teri!













Sound Healing Series - Bowls, June 10th







Amanda Domnitz taught us all about the bowls. It was heavenly!! What a wonderful meditation!









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At the end we each got our own personal sound bath!! It was lovely. Thank you, Amanda.



Sound Healing Series - Drums, July 9th with Emmalyn Moreno







































Such a great afternoon!! Emmalyn taught an intro to both drumming and dancing in the style of Ghana. We also did a healing circle to close and Em said on Monday morning her Diabetic Blood Sugar readings were lower than usual. **She sends her thanks** for all the Reiki she received!! And we thank **you** Emmalyn!!