



San Diego Reiki Corps, 3755 Avocado Blvd. No. 111, La Mesa, CA 91941-7301, sandiegoreikicorps.org

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What a great Spring and Summer we had together!

To All My Reiki Corps Friends,

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What a joy it has been to be with you these last few months! We have seen each other just about every 2 months, both at work and at play, and we have the pictures to prove it! We are currently up to about 100 paid SDRC members now and the more we come together in community and communication, the stronger we are, don't you think? That will become more important as we look at the possibilities of the State of California demanding licensing for all bodyworkers and energy healers. Not just massage. Look inside for more info on this subject.

We are very excited to announce that we will have the world renowned Reiki teacher, **Frank Arjava Petter** as our Keynote speaker for our **2016 Reiki Energy Healing Conference**. Here is a description from the back of one of his many books, **This Is Reiki**. "Petter is acknowledged as a pioneer in the revival movement of the original Japanese Reiki. He knows the language and culture of Japan well, and he draws from close contacts, but above all, from his own wealth of experience in the practice and teaching of Reiki." Mark your calendars now for **May 21, 2016, 9-4pm** in Mission Valley and spread the word – The 2016 Reiki Energy Healing Conference is coming! Watch your emails, our website, and our Facebook page for more info on the great speakers who will be in our amazing breakout sessions.

What else is new in the SDRC world? We are preparing for a change in Board Members this December 1st. **Mary Joy Neuru** will be stepping into the role of President, **Sandra Wennhold** will become Vice President, and **Louise Lucas** will become Secretary. Our Founding Member (and SDRC Godmother), **Serena Poisson** will remain in her role as Membership coordinator and **Joan Boccio** will continue as Director-at-Large. We are looking for a Webmaster, a Treasurer, an Outreach Coordinator, a Newsletter Editor and another Director-at-Large to fill out this dynamic team. Please contact us if you are looking for a great way to get involved in the incredible San Diego Reiki community! As stated in our mission statement, the SDRC is dedicated to Community Outreach and Education and 2016 is shaping up to be an exciting year!

I hope you enjoy this newsletter as we look at how busy we have been, news on what is happening at the State of California level that may affect your practice, and 3 books that we recommend as you move forward on your path as teachers and healers.

Wishing you the best,
Kathy Cueva, RN, RMT
President, San Diego Reiki Corps

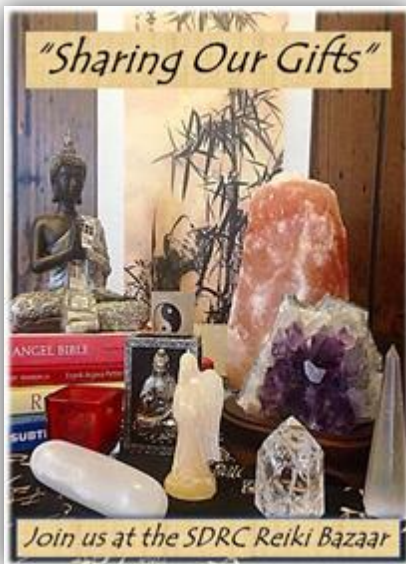


San Diego Reiki Corps at work and play!



In March, 70 Reiki healers came together in La Mesa for an afternoon of great speakers on Crystals, Auras, Animal Reiki and Pendulums. We had a great time bidding at our fund raising event on beautiful donated baskets and a large crystal healing bowl. Thanks to you, we raised \$1000 for our 2016 Reiki Energy Healing Conference!

In April, we gathered once again in Ramona for an afternoon of contemplation and meditation in 7 crystal labyrinths at Sacred Circles Hill top. 30 of us enjoyed aura photos and readings, crystal meditations and the amazing energy that surrounded us



In June, we were together at our "Sharing Our Gifts" and the "Reiki Bazaar". We had time to listen to presentations on running your own Reiki practice and the new Assembly bill that affects energy workers. We also got to "shop" in a wonderful bazaar of donated items that helped us raise more funds for the conference

In July, Marisol Quesada coordinated our SDRC Reiki team to respond to the needs of our veterans at the Veteran's Stand Down. They covered shifts over all 3 days and were a blessing to all they touched!





In August, we spent a beautiful evening at a private home in Vista for our Sound Healing and Orbs event. Our incoming SDRC Board President, Mary Joy Neuru and her sister Janet Falconer blessed us with an evening of meditation and healing vibrations before they invited the Orbs in. Check our Facebook page for more pictures of the orbs. They were definitely there!

There are also a number of SDRC Reiki practitioners who are now volunteering throughout the Community. We have SDRC members at Elizabeth Hospice, Apreva Hospice, Sharp Hospice and more. We have 30 Reiki volunteers who are part of the Sharp Memorial Integrative Healing Services. They see patients 7 days a week and often do 250-300 short sessions on patients per month!



Reiki and California Law

The following information was excerpted from Dr. Anne Reith's website at <http://www.annereith.com/legal-issues-reiki-practitioners-ca-sb-577/#SB577>. Neither she nor I are attorneys. Therefore, if you have particular concerns, please consult with a licensed attorney. For more information about SB-577 and to see sample copies of documents that can be used to comply with SB-577 please visit Dr. Reith's website.

If you provide Reiki services in California for a fee, then, in the eyes of the state, you are considered a "complementary health care provider." This means that you fall under the requirements of California Senate Bill SB-577, which went into effect on January 1, 2003.

This very important legislation is designed to protect you! Prior to this bill being passed, a strict interpretation of the law could have found anyone practicing Reiki or any kind of unlicensed healing art in California as technically in violation of the Medical Practice Act. This means that you could be prosecuted for "practicing medicine without a license." If you are willing to comply with SB-577, however, you can safely offer your services in California without fear of being charged with a felony.

Requirements for giving a Reiki treatment

In order to comply with SB-577, you must provide the following information in writing to your clients in "lay person language" that the client will understand. The information should include:

- A statement about what Reiki is
- A statement about what Reiki is not (e.g., it is neither licensed nor considered to be traditional Western medicine)
- An explanation of the theory behind Reiki
- A description of the nature of the services you will provided (e.g., what will the client do, what the client might experience)
- Your qualifications to give Reiki treatments
- An acknowledgement that the client has received the information included above and agrees to receive treatment from this practitioner

In addition to having your clients receive a copy of the above information:

- The client is to sign a consent form
- You are to offer your client a copy of their signed consent form
- You are to offer your client a copy of the actual text of SB-577
- You are to keep the client's signed consent form on file for three years



Requirements for Advertising Reiki Sessions

SB-577 also mandates that certain information be included in all your advertising. Specifically, if you are advertising your Reiki services, you are required to “disclose in your advertisement that you are not licensed by the state as a healing arts practitioner.” You **should** also put this statement on your website because this is public information

Additionally, SB-577 does not outline how the requirement should be phrased. Here are a few suggestions:

- The State of California does not license Reiki Practitioners
- Complementary healing arts, such as Reiki, do not require licensing by the State of California
- Reiki is not licensed by the State of California

When Does & Doesn't SB-577 Apply?

California Senate Bill SB-577 applies if:

- You charge for your Reiki services
- You make any representation or claims to clients in your advertising (or verbal presentation) that Reiki can address or remediate physical problems

There are some areas that are still open to debate regarding the application of SB-577. If you are concerned about any of these situations, please seek legal counsel:

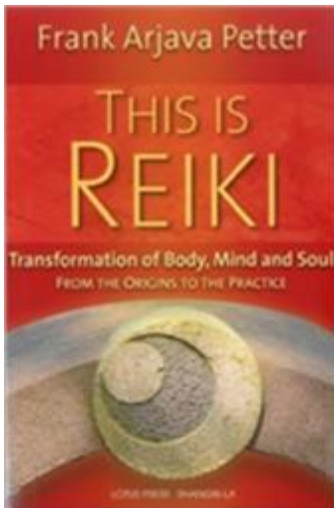
- If you are offering services on a “donation only” or “love donation” basis, then SB-577 MAY not apply. (*NOTE: I personally would not take this risk and would comply with SB-577.*)
- If you are offering Reiki services for a fee but you make no claim whatsoever, either verbally or in written form, that Reiki in any way is related to physical health or improvement of a physical condition. For example, if you are using Reiki to improve psychological conditions **only** (e.g., memory, concentration, test-taking skills) **and** you do not claim that it is related to physical health, then SB-577 MAY not apply. However, if you state that Reiki can create a state of relaxation that has been shown to lead to improved health, then SB-577 applies to you.

Based upon Dr. Anne Reith's review of the available literature, it appears that SB-577 does **not** apply in the following situations:

- If you are only using Reiki with family and friends and are not charging for your services.
- If you are providing Reiki on a purely volunteer basis (e.g., as part of a group that offers Reiki to seniors or nursing home residents free of charge).
- If you are providing services through another organization **and** you are not paid for your services. (*NOTE: If the organization is being paid, then it would be up to the organization to meet the requirements of SB-577.*)

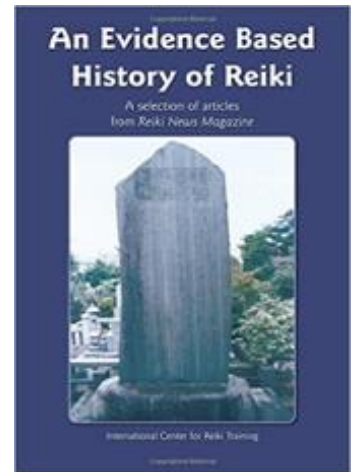
Books to consider on your Reiki healer and teacher journey

(All photos and descriptions were taken from the Amazon.com website)



"I would like to share with you my experience and insights from eighteen years of working with Reiki. In this time, my understanding of what Reiki is and how it works has changed considerably. During practice and the exchange with my fellow travelers and students it came to fruition and ripened." - Frank Arjava Petter - Our keynote speaker at the 2016 Reiki Energy Healing Conference.

The picture of Reiki revealed here provides a clearer understanding of how Usui Reiki had been originally developed and practiced by its founder, Usui Sensei, and also how it changed and evolved as it was passed on through Hayashi Sensei and Takata Sensei. The inclusion of original historical documents and the extensive footnotes makes it possible for anyone to verify the veracity of the research. Based on the quality of this information, it is now possible to better understand the roots of this sacred practice and in so doing gain a more meaningful comprehension of its essence.



Ethical principles are far more than mere rules or regulations - they are maps for bringing out your best as a caregiver and healer. Responding to a lack of articulated or standardized ethical guidelines for energy healing practitioners, David Feinstein, PhD, and Donna Eden developed a professional curriculum that has become one of the country's most successful and effective energy medicine certification programs. Now, this comprehensive, case-oriented guide allows veterans of the field and newcomers alike to work through a wide range of ethical dilemmas before they arise, helping you to prevent professional errors that could hurt you, your clients, and your practice.

