

Labyrinth Walk at Sacred Circles Hilltop



What a beautiful day!! Earth Day! We started with a saging to clear our energy, then listened to Irene Keller and her friend Bob sing some great songs. Mary Dralle took us on a tour and explained all the different Labyrinths and then we walked the Big One together. It was magical!! We were also treated to a Crystal Singing Bowl meditation in the Crystal Room by Mary-joy.



The entire property in Ramona, is such a great place away from crowds to relax, rejuvenate, and restore one's energy. Thank you so much Irene for sharing your Sacred Circles with us.